



Canadian Sleep Society (CSS)

Société Canadienne du Sommeil (SCS)

www.canadiansleepsociety.com

Report on the World Association of Sleep Medicine and Canadian Sleep Society Congress, Quebec City, September 10-15, 2011

Dear Colleagues and Friends,

I am delighted to report that the joint congress of WASM/CSS held in Quebec City last September was an outstanding success. It was a successful event in terms of its attendance, scientific program, and finances.

With its theme on ***Sleep, Health, and Society***, this international event brought together 1588 delegates from 41 countries around the world. We had a very high-quality program with leading experts presenting the latest developments in sleep research and sleep medicine to advance sleep health worldwide. The program took off with a series of pre-congress courses on topics such as circadian rhythms, pediatric sleep disorders, ambulatory monitoring, parasomnias, insomnia, and movement disorders. We also had a rich and well attended student trainee day. The scientific program included six keynote lectures by international leaders in the field (Chuck Czeisler, Colin Sullivan, Pierre Philip, Barbara Jones, Kevin Morgan, Matt Walker). There were 26 symposia on topics as diversified as Sleep and Cardiology, Gender, Public Health, Cancer, Genetics, plus several technologists workshops. Overall, there were nearly 500 oral and poster presentations covering all areas of sleep medicine from basic sciences to technological advances and clinical applications. We trust this forum was a great opportunity to meet your colleagues and share new ideas on the most recent advances in the field to improve the prevention, diagnosis, and treatment of sleep disorders. The abstract book is available at www.wasm2011.org

To complement the educational and scientific activities, we had an exciting social program including the Snooze Bowl and, for those who attended the Presidential banquet dinner at the Chateau Frontenac, our local Soprano singer, Sabrina Ferland, was clearly the highlight of the evening.

When you take the leadership to organize a scientific meeting, a significant concern, aside from that of assembling a high quality program, is of course that of breaking even. Well, this event was also a financial success both for our national sleep society (CSS) and for the WASM organization. As another indicator of its success, the WASM/CSS congress was selected by the Quebec Office of Tourism as the international congress of the year held in Quebec City in 2011 for its impact on the local economy.

Thank you to all of those who contributed to this success, including those who attended the meeting, those who shared their expertise, our sponsors, and all who contributed in some ways to the organization of the meeting.

We look forward to seeing you in Halifax October 4-7, 2013 for our next CSS meeting.

Charles M. Morin, PhD

Program Co-Chair

